Steps to Start a Research Project

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1. Identify a Topic
   Why is this topic worth researching?

2. Gather Background Info
   Perform literature review & analyze baseline data

3. Brainstorm Ideas
   A good approach for the study: i.e. pilot study, controlled study, meta-analysis

4. Identify Stakeholders
   Create a study working group i.e. PAs, MDs, statisticians, patients (? need Research Ethics Board approval)

5. Create Study Protocol
   - State thesis, methods, outcomes, anticipated results
   - Helpful framework for reference

6. Execute the Project
   Consider interim data analysis

7. Publish!
   - Choose a format to publish (poster, paper)
   - Consider publishing to JCANPA.CA!

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